

The Portcullis

Shire of Cold Keep
Prince George, BC

January 2008

Volume 7

Issue 1

Royalty Kingdom of An Tir

Their Royal Majesties of An Tir

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Officers of Cold Keep

As of December 2007. There has been some changes, see Council notes

Seneschal Lord Eggbert the Ready goldingspg@shaw.ca

Deputy Lady Brynn MacDonald dnd18@telus.net

Exchequer Lord Brennan MacDonald dnd18@telus.net

Deputy Lord Eggbert the Ready

Master of Stables Lord Markus Pheilsmid dragon_terror@yahoo.com

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Chatelaine Lady Sibán magnen@yahoo.com

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Arts and Sciences HL Natal'ia Volkovicha avacal-chatelaine@antir.sca.org

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Principality of Avacal Officers From Cold Keep

Calendar HL Brigit ingen Meic Thire Ruadh celticwolf@telus.net

Royal Archer HL Brynach ap Rhys archer77@telus.net

Chatelaine HL Natal'ia Volkovicha avacal-chatelaine@antir.sca.org

Meetings

Heavy Fighter Practice Tuesday evenings at UNBC

Rapier Practice Tuesday evenings at UNBC

Council meetings Third Monday of each month. New Location Lord Eggbert's home

Champions

Heavy HL Argyle MacMillan

Rapier Liam Dughlas

Archery Nikita

Council Notes

November

Exchequer

Balance in checking \$1036.16, shares \$35.52

Master of Blades

Poll taken regarding moving rapier practices back to Tuesdays instead of Monday nights. Most respondents approved or no objection. Also, Lord Hawkyns suggested having fight practices posted on Cold keep's Calendar. Matter referred to Web Minister.

Old business

Deadline for Northern Light nominations was November 15th, 2007

January Newcomer's Day/demo was to be discussed but Chatelaine not in attendance

No new business

December

Master of Stables

New finalized Antir Book of Combat has been posted on the web.

Lady Sibán is now an authorized Junior Heavy Marshall. Still waiting on Arg's and Markus's Senior heavy Authorization.

Master of Blades

Practice at UNBC has few attending. Most likely due to weather, Christmas shopping, work schedules and so on. Last practice of the year December 11th, resuming after 12th Night.

Exchequer

Account balances \$1033.46 in checking, \$35.52 in shares.

No business discussed as not enough attending to make a quorum

January

There are positions open for officers: Seneschal, Exchequer and Chatelaine. Brigit is willing to take Exchquer on an interim basis and Natal'ia will take Seneschal if an "overlap" is permitted as her term as Avacal Chatelaine is not over yet

Exchequer

Balance in checking \$1031.95 Shares \$35.52

Seneschal

We held June Coronet, the weather was extremely hot, an average of 30 C. All went well, we had plenty of water on hand and it was held by a river so all could take a refreshing dip if they so wished. We also held an Autumn Celebration THUA, we are very pleased at how well it was accepted and attended. Lots of Peers showed up to help us learn more. Chatelaine is still working on trying to get more demos in the Schools. Other than that, all has been well on your Northern Border.

Master of Stables

Spoke to Avacal Earl Marshall, Haakon regarding Senior Marshall promotions for Arg and Markus. Paperwork still not coming through in a timely manner

(not related to Shire) HE Kvigir will be knighted at Investiture

Web Minister

Cold Keep has a new Website. <http://www.avacal-sca.org/coldkeep> Email forwarding will eventually be included

Chatelaine

Our Chatelaine has had to resign her post due to personal reasons. For the moment, she will maintain Gold Key and other items belonging to the Shire and Office of Chatelaine

Arts and Sciences

A &S day at Lady Natal'ia's home January 26th. Other than that, nothing to report

Old Business

Northern Lights gathering has been cancelled, and due to lack of response/interest, no Light of the North awards were given out.

June Coronet paperwork has been sent off. We will have the same site as last year. Fees have increased but we will have more room.

May Champions

Someone is needed for autocrat. Brennan will be contacted to see if he had made any arrangements before moving away. Various locations were discussed

New Business

Canada Day demo – Markus and Brynach to make arrangements

Events

No events since the last posting.

Upcoming events are May Champions May 23-25 Location still to be determined

 Avacal Coronet June 6-8 Will be held again this year at Salmon Valley

Lord Markus Pheilsmid posted a request for volunteers for Coronet on the Forum. No doubt there is plenty of room for volunteers at any event.

Definitely not KFC - an example of an SCA feast

From <http://www.godecookery.com/scafeast/scafeast.htm>

AEthelmearc 12th Night XXXII AS

Hosted by the Shire of Misty Highlands, January 10th, 1998. Prepared by The Pandemayne Guild of Cookery:
Master Huen Damebrige of Wychwood, Lady Glynnis of the Inn of the Laughing Fox, Lord Cydifor ap
Manogan, Lady Derdriu Gilbride, Guy Talbot.

All recipes, except where noted, are from *Le Viandier de Taillevent* (The Cookbook of Guillaume Taillevent, 1326-1395), the Terence Scully edition. Please refer to the recipe page for a complete bibliography.

Le primer cours (lunch)

- [Tortes de harbe, fromaige, et oeuf](#) (Pies of herbs, cheese, & eggs) - *Eggs & cheese, seasoned with parsley, mint, marjoram, basil, & thyme, & baked in a pie shell.*
- Tortes Sarcenes (Meat Pies) - *Ground beef, dates, & raisins, seasoned with cubeb, pepper, ginger, & salt, & baked in a pie shell. The filling is dyed red in imitation of a Saracen. This recipe is not from Le Viandier de Taillevent.*
- [Coqz heaumez](#) (A Helmeted Cock) - *A presentation of a chicken attired as an AEthelmearc knight, riding a suckling pig steed in livery.*

Le .j. cours (the first course)

- [Gruyau \(Gruel](#) of Husked Barley) - *Barley cooked in almond milk, & seasoned with salt & a little sugar.*
- Pandemayne (Fine White Bread) - for Master Huen's recipe for Pandemayne, please visit: [Pandemayne](#)

Le .ij. cours (the second course)

- [D'autres menuz potaiges](#) (A Vegetable Pottage) - *A variety of beans in butter, oil, & vinegar.*
 - [Ris engoule \(Fancy](#) Rice for a Meat Day) - *Rice cooked in milk & saffron.*
- [Poullaille farci](#) (Stuffed Game Hen) - *Game hen seasoned with olive oil, salt, & pepper; stuffed with a mixture of dark chicken meat, chestnuts, & brie cheese, seasoned with salt, ginger, saffron, & pepper. The hens are glazed green with dyed egg yolks.*
- [Poivre jaunet](#) (Yellow Pepper Sauce) - *Ginger, white pepper, saffron, cloves, & bread crumbs, steeped in white wine & vinegar.*
- [Poivre noir](#) (Black Pepper Sauce) - *Ginger, black pepper, & bread crumbs, steeped in red wine & vinegar.*
- [Fritelles](#) (Elderflower Fritters) - *Fritters of flour, honey, wine, & elderflowers, fried in oil & dressed with honey.*

Le .iij. cours (the third course)

- [D'autres menuz potaiges](#) (A Vegetable Pottage) - *A platter of spiced cabbage, pickled carrots, & mint peas.*
- [Tourtes parmeriennes](#) (Parmesan Pies) - *Pies of beef, pork, & currants, seasoned with cubeb, black pepper, mace, salt, & cardamom, & topped with small roasted chicken pieces. Decorated with crenellations of pastry & small banners of AEthelmearc.*
- [Taillis](#) (Almond Milk Pudding) - *Figs, grapes, batter cracklings, saffron, sugar, small pieces of cakes, & bread crusts, boiled in almond milk until thick.*
 - [Crespes grand et petites](#) (Crisps) - *Batter-fried Escarbuncles, sweetened with sugar.*

(The Voide was a final course of wine, small cakes, sweets, etc., that was served just before retiring.)

- *Baked apples & pears, fruits in wine sauces, small cakes, etc.*

Membres de la Famille Royale (High Table)

- [Pourcelet farci](#) (Stuffed suckling pig) - *Roasted suckling pig, stuffed with a mixture of dark chicken meat, chestnuts, & brie cheese, seasoned with salt, ginger, saffron, & pepper.*

Master Huen Damebriggs of Wychwood has been cooking feasts for the SCA since 1980; he still cooks for approximately 2-3 official events a year. Master Huen currently resides in the Barony-Marche of the Debatable Lands in Aethelmarc.

Aethelmarc 12th Night XXXII AS © 1998 James L. Matterer

From the Chronicler

Greetings my Lords and Ladies

If you would like to submit an article, event copy, or anything else you feel might be of interest to the people of the Shire of Cold Keep, please email it to me at caitlin_the_rose@hotmail.com

Cold Keep Website new

<http://www.avacal-sca.org/coldkeep/>

Wolfpack Website

www.varghala.com